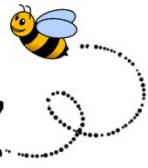


# THE BOXBOROUGH BUZZZ



## SENIOR NEWS YOU CAN USE

May 2018

### Council on Aging

Laura Arsenault,  
COA Coordinator  
978-264-1717  
e-mail: larsenault@  
boxborough-ma.gov

### COA Board Members

*Identify needs, develop and  
implement programs and  
services, educate populace and  
advocate on behalf of elders.*

Frank Powers, President  
Tina Bhatia  
Barbara Birt  
Taryn Light  
Barb Wheeler  
Les Fox, Liaison with Board  
of Selectmen

### Friends of the Council on Aging

John Fallon, President  
Barbara Birt  
Patty Gayowski  
Loretta Grushecky  
Lauraine Harding  
Mary Nadwairski  
Astrid Perko  
Ginnie Richardson  
Alan Rohwer  
Shirley Warren  
Georgia Winfrey

### Buzz Production Team

Tina Bhatia-COA  
Barbara Birt-COA  
Anne Canfield  
Taryn Light-COA  
Tess Summers

### Get Ready for Brunch!

The Town Hall staff is hosting its **Annual Brunch** for seniors on **Thursday, May 24**, at **10:30 AM**. Brunch will be held at the newly renovated **Community Center** on Middle Road. Please join Town Hall staff and your neighbors for a delicious brunch of quiches, sausages, breakfast casseroles, fresh fruit, juices, and coffee. Please call Laura (978-264-1717) to RSVP, and remember the brunch begins at 10:30 AM. We hope to see you at this celebration!



### Take Time for a Break . . . at The Breakers!

Wednesday, May 23, 2018



Arrive at 7:15 AM at Boxborough Town Hall  
Prompt departure at 7:30 AM ~ Arrive back in Boxborough about 4 PM

**Cost is \$99 per person**

This includes:

- The self-guided audio-tour of The Breakers
- Lunch at the Brick Alley Pub - *Meal choices include Chicken Parmigianino, Sirloin Steak Tips, or Baked Sea Scallops.*
- Fare on a Wilson Bus Line luxury passenger coach.

**Payment and meal choices are due May 9th.  
Contact Laura Arsenault, Boxborough COA at 978-264-1717.**

## Spotlight Series: Town Clerk



You've seen her at Town Hall, on the stage at Town Meetings, and when you check in to vote. You've also seen her name in the return address for Town Census and Town

correspondence. Who is she? She's our Boxborough Town Clerk, Liz Markiewicz! It's our pleasure to introduce you to Liz in this issue.

Liz has been our Boxborough Town Clerk for 12 years. The Town Clerk is an elected position, which is voted every 3 years. Liz keeps a database of births, marriages, deaths, dog licenses, and more. Liz mails the annual census, which is a state population requirement to determine allocation of tax dollars for schools, town agencies, and grants.

At Town Meetings, Liz manages the voter check-in process and sits on the stage next to the Town Moderator. She takes meeting minutes and certifies votes. Liz is also responsible for local, state, and federal elections. Liz swears people into office, and is the Town Webmaster. Liz is on the Board of Registrar's Committee, Chair of the Well-Being Committee, and is the Land Stewardship Coordinator. She was formerly on the Acton-Boxborough United Way Board and a former Boxborough School Committee Member. When we asked Liz for advice, she urged us to, "Please fill out the Town census, attend Town Meetings, and vote at our Town Elections."

You can find Liz at Town Hall on Mondays through Thursdays from 9 AM to 2 PM, Fridays from 9 AM to noon, and Monday evenings from 6 PM to 8 PM. If you want to make an appointment with Liz, call her at 978-264-1727 or send her an email at [emarkiewicz@boxborough-ma.gov](mailto:emarkiewicz@boxborough-ma.gov).

## Podiatry Clinic

Podiatrist Dr. Alyeen Gregorian will be offering a foot clinic at **9 AM on Friday, May 11**, at the **Boxborough Town Hall**. Trimming of nails, treatment of corns and calluses, and a screening for foot health will be offered. The cost is \$30. Reservations are needed. Please call Laura at 978-264-1717 to make an appointment.



## 2018 Annual Town Meeting

The **2018 Annual Town Meeting (ATM)** begins **Monday, May 14**, at **7 PM** in the **Blanchard Memorial School** gymnasium. If necessary, ATM will continue May 15 and possibly May 17. The **ATM Warrant will be mailed to Boxborough's registered voters on April 26**. So circle the ATM's date on your calendar and plan to attend. Remember, this is an opportunity for you and your neighbors to actively participate in Boxborough's governance!

The **Town Election** will be held in the **Grange Room at Town Hall** on **Tuesday, May 22**, from **7 AM to 8 PM**. We encourage you to attend the ATM and to vote in the Town Election.

Lastly, please note that at the ATM and the Town Election, the **new check-in procedure will be used**. You will be asked to first give the name of your street, then your house or apartment number, and finally your name.

## Boxborough's Hidden Treasures

Boxborough is a member of the Freedom's Way National Heritage Area, a cooperative of 45 cities and towns that were associated with the start of the American Revolution. During May there will be regional celebrations featuring unique "hidden treasures" in each community. On **Sunday, May 20**, from **1 PM to 5 PM**, our Boxborough Historical Society will present as Boxborough's 2018 hidden treasures, "Old Town Center/North Cemetery." Both are at the corner of Middle and Hill Roads. The Society will provide walking tour brochures at the North Cemetery and at the Boxborough Museum.

## Memorial Day Celebration



Memorial Day became an official holiday in 1971 and is observed on the last Monday of May to honor the men and women who died while serving in the U.S. military. In the years

following the Civil War, it was originally known as Decoration Day.

This year we celebrate Memorial Day on **Monday, May 28, at 8:45 AM** with a parade forming on Hill Road and proceeding to the North Cemetery at the intersection of Hill and Middle Roads. The parade route continues down Middle Road to Town Hall, and then along Stow Road to the South Cemetery. The names of veterans are read and a small ceremony is performed by the Boxborough Minutemen at each location. Town officials, Boy Scouts, Girl Scouts, the Blanchard and ABRSD bands participate in the parade. Veterans are also encouraged to march in the parade.

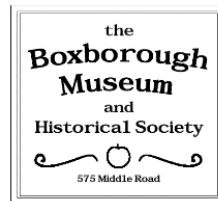
This is a wonderful tribute to our veterans and our community. Please plan to participate in the parade or watch the parade as it moves along the route.

## Tales from Mount Washington, Home of the World's Worst Weather

Mark your calendar and plan to join Mount Washington Observatory's Will Broussard on **Thursday, May 24, at 7 PM**, at the **Sargent Memorial Library**.

Mr. Broussard will lead an investigation into the unique life and work of the weather observers who are stationed year-round at the Observatory.

Known worldwide for its bitter cold, dense fog, heavy snow, and record winds, Mount Washington is famous for its unpredictable and dangerous weather. For a mountain its size, why is Mount Washington often referred to as the "Home of the World's Worst Weather?" Together with Mr. Broussard, attendees will explore how the mountain's weather works and what it can tell us about New England's own weather patterns. The program will include interactive demonstrations, weather instruments, stunning photography, and video footage from the summit of Mount Washington.



The Museum will be open **Sunday**

**May 20**  
from **2 – 5 PM**

**June 10**  
from **1 – 3 PM**

## COA Transportation Services

Boxborough seniors and residents with disabilities can call Cross Town Connect to reserve van rides to medical appointments, food shopping, and most local programs. The cost is nominal. Make reservations and cancellations any time from **8:30 AM–4 PM, Monday through Friday**. To book a trip on the COA van, please call **978-844-6809**.

Call Laura if van is unavailable (798-264-1717). Drivers may be available.

## Road to Recovery

Call 1-800-227-2345 for transportation and information for cancer patients.

## Lending Hand Services

Need a helping hand with a specific task, such as moving a heavy object or hanging a window shade? Call Laura at 978-264-1717 to see if **Lending Hand** can help.

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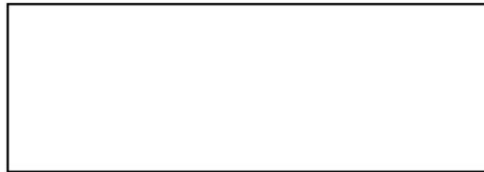
**A Pleasant Pairing: Exploring Tea and Chocolate**

At the **Sargent Memorial Library**, on **Monday, April 30**, at **7 PM**, licensed chocolatier Kim Larkin of Klassic Kreation's Gourmet will share the history and health benefits of tea and dark chocolate. She will explain where chocolate comes from and tell about some chocolate pioneers. She also will discuss the Japanese tea ceremony, differences between tea varieties, and brewing a "proper cup". There will be samplings of teas, fine chocolates, tea infused chocolate, and a tea infused shortbread!

Plan to come and enjoy a multi-sensory experience sure to delight your eyes, mind, and palate. *This program is sponsored by the Whitcomb House Trust Fund.*

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**–Submit articles for Summer issue by May 7–**



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Boxborough Town Hall  
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Boxborough, MA 01719

## May 2018

| SUN   | MON   | TUES  | WED   | THUR   | FRI   | SAT |
|---|---|---|---|--|---|-----|
|   | April 30  | 1   | 2   | 3  | 4   | 5   |
|   | 9-Fitness w/Holly<br>1-Movie Monday<br><b>7 PM- 'Tea and Chocolate'</b>                   | 10-Book Group<br>1-Yoga                                       | 9-Fitness w/Holly<br>2-Crafters Group   | 9-Line Dance<br>9:15-Bridge<br>2-Mah Jongg   | 9-Fitness w/Holly                             |     |
| 6   | 7   | 8   | 9   | 10   | 11  | 12  |
|   | 9-Fitness w/Holly<br>1-Movie Monday   | 1-Yoga  | 9-Fitness w/Holly<br>2-Crafters Group   | 9-Line Dance<br>9:15-Bridge<br>2-Mah Jongg   | 9-Fitness w/Holly<br><b>9-Podiatry Clinic</b> |     |
| 13  | 14  | 15  | 16  | 17   | 18  | 19  |
|   | 9-Fitness w/Holly<br>1-Movie Monday<br><b>7-Annual Town Meeting</b>                       | 1-Yoga<br><b>7-Annual Town Meeting</b>                        | 9-Fitness w/Holly<br>2-Crafters Group   | 9-Line Dance<br>9:15-Bridge<br>2-Mah Jongg   | 9-Fitness w/Holly                             |     |
| 20  | 21  | 22  | 23  | 24   | 25  | 26  |
| <b>1-5 'Boxborough Hidden Treasures'</b><br>Boxborough Museum | 9-Fitness w/Holly<br>1-Movie Monday   | <b>7AM-8PM Town Election</b><br>10-Wellness Clinic<br>1- Yoga | <b>7:15AM-4PM Trip To Newport RI</b><br>9-Fitness w/Holly<br>2-Crafters Group | 9-Line Dance<br>9:15-Bridge<br><b>10:30-Town Hall Brunch</b><br>2-Mah Jongg<br><b>7- 'Tales from Mt. Washington'</b> | 9-Fitness w/Holly                             |     |
| 27  | 28  | 29  | 30  | 31   |   |     |
|   | <b>Memorial Day Observed</b><br>8:45 Parade begins<br><br>Town offices and Library Closed | 1-Yoga  | 9-Fitness w/Holly<br>2-Crafters Group   | 9-Line Dance<br>9:15-Bridge<br>2-Mah Jongg   |   |     |

|                    |                                  |  |
|--------------------|----------------------------------|--|
| <b>Out of Town</b> | <b>Mt. Calvary Church, Acton</b> | Quilting Group, Tue, 9 AM<br>Community Supper, Wed, 5 PM |
|--------------------|----------------------------------|--|



## Ongoing Events, Classes

To learn more about any event, call  
Laura Arsenault: 978-264-1717



**Book Group** Meets first Tuesday of every month, Sept-May, 10 AM at the Library. New members are always welcome.

**Bridge** An ongoing group that always welcomes new members. Meets Thursdays, 9:15 AM at Town Hall. For more information, call Val at 978-263-8184 or Anne at 978-263-2664.

**Community Supper in Acton** For everyone on every Wednesday at 5 PM at Mt. Calvary Church. No charge.

**Crafters Group** A group for those who enjoy knitting, crochet, beading, cross-stitch, any craft at all. Make new friends and work on your project. Meets Wednesdays, 2-4 PM at the Sargent Memorial Library. Call Library for more information: 978-263-4680.

**Fitness with Holly** A 12-week class meets Mondays, Wednesdays, and Fridays at UCC. Sign up for one, two or three days. 9 AM.

**Line Dance** A 12-week class taught by Sam O'Clair. Meets Thursdays, 9 AM at UCC.

**Mah Jongg** Drop in and learn what this ancient game is all about. Thursdays, 2 PM at UCC.

**Movie Mondays @ Sargent Memorial Library** 1 PM every Monday that the Library is open.

**Quilting Group** An ongoing group that makes quilts for the needy worldwide. Meets Tuesdays at Mt. Calvary Church, Acton, 9 AM-noon. Call Astrid Perko at 978-263-7016.

**Wellness Clinic** Held on the fourth Tuesday. Nashoba Nursing Service hosts a monthly wellness check for all ages. 10 AM. Town Hall.

**Yoga for Seniors** A 12-week class of stretching, balance, and strengthening taught by Julia Viggh. Meets Tuesdays, 1 PM at UCC.

**The Friends of the Council on Aging provides financial and volunteer support for programs, classes, and special events of the Friends and the Council on Aging.**

To make a donation as a Friend, or as a memorial, clip out this form and send your tax deductible gift to the **Treasurer, Patty Gayowski, 31 Eldridge Rd, Boxborough, MA 01719.** Make checks payable to the **Friends of the COA.** Thanks!

Donation (\$ \_\_\_\_\_)

\$5 \_\_\_\_\_ \$10 \_\_\_\_\_ Other \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

In Memory of \_\_\_\_\_