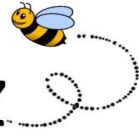


THE BOXBOROUGH BUZZZ



SENIOR NEWS YOU CAN USE

April 2021

Council on Aging

Kimberley Dee, COA

Coordinator

978-264-1717

kdee@boxborough-ma.gov

Cindy Regan, Dept. Assistant

978-264-1730

cregan@boxborough-ma.gov

COA Board

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Barbara Birt

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LELWD Grab n' Go Hot Lunch

Boxborough and Littleton seniors age 60 and older are invited to a Grab n' Go hot lunch on **Tuesday, April 13** sponsored by LELWD (Littleton Electric Light and Water Departments) from **11:30 AM to 1:00 PM** at **IL Forno** restaurant in Littleton. This meal includes turkey in gravy, mashed potatoes, cranberry sauce, stuffing, and bread. You must register to attend by calling LELWD at 978-540-2222. Space is limited.

Boxborough Drive-by Boxed Lunch

Boxborough seniors age 60 and older are invited to a drive-by boxed lunch on **Wednesday, April 21** from **11:30 AM to 12:30 PM** at Town Hall parking lot. This event is funded by the Boxborough Minutemen and will include a roast beef sandwich on wholegrain bread, choice of potato or fruit salad, and a chocolate chip cookie. A gluten-free bread and vegetarian option is also available. Limit is 50 people. Please RSVP to the COA by calling 978-264-1730 by 11 AM on April 16. Arrival times are by last name: A thru D pickup is at 11:30 AM; E thru K at 11:45 AM; L thru R at 12 PM; and S thru Z at 12:15 PM. When you arrive, stay in your car and wear a mask. Lunches will be brought to you. Enjoy.





Boxborough: A Caring Community

On February 10, a fire destroyed a condo building on Swanson Road that was home

to more than 40 people. The good news is that no firefighters, police, or residents were injured. The bad news is that people lost virtually everything...and that is when Boxborough sprang into action!

Many local organizations (along with a few national ones) provided comfort and assistance to the fire victims. It made no difference whether the affected people were known to the local groups—it only mattered that they were part of our Town. So, in this issue, the "Spotlight" article focuses on Boxborough as a Community that cares.

Here is a partial list of organizations that stepped up to help the fire victims.

- Boxborough Fire Department
- Boxborough Police Department
- Town Hall Staff
- Sargent Memorial Library Staff
- UCC Church of Boxborough
- Boxboro Regency Hotel
- Neighbors of Boxborough
- Acton-Boxborough Neighbor Brigade
- Acton-Boxborough United Way
- The many residents of Town who have given money, time, furniture, clothing, and support to the victims of the fire.

In reflection, each of us is fortunate to live in Boxborough—a place that is a true example of a Community that cares for its friends and neighbors. We are indeed an example of a small Town at its best.

COA Coordinator's Corner

Hello from your Boxborough Council on Aging Coordinator, Kim Dee. The COA provides information and services for Boxborough residents 60+. There will be a Coordinator's Corner in future issues of the Buzz, which will include information and updates from the COA, our programs, and our services.

I am happy to announce that we welcomed our new Community Services Coordinator, Rose Gage, on March 15. We plan to Spotlight Rose in our May issue.

Please join me in thanking all who contribute to the Buzz. It is the primary way for us to communicate with Boxborough seniors.

You may communicate with us via the email addresses and telephone numbers on the first page of the Buzz. Please let us know if you have any programming ideas, suggestions, or concerns. We may reach out to you occasionally from our email service, so if you receive an email from Listserv@CivicPlus.com, it is not spam; it's probably an announcement from us. I want to remind you that we have a Facebook page and invite you to "Like" our page at facebook.com/boxboroughcoa. We also have a website <https://www.boxborough-ma.gov/300/Council-on-Aging>.

Enjoy the longer, warmer, sunnier days of Spring. Happy April!



The Friends of the Council on Aging provides financial and volunteer support for programs, classes, and special events of the Friends and the Council on Aging.

To make a donation as a Friend, or as a memorial, clip out this form and send your tax-deductible gift to the Treasurer, Patty Gayowski, 31 Eldridge Rd, Boxborough, MA 01719. Make checks payable to the Friends of the COA. Thanks!

Donation:

\$5 _____ \$10 _____ Other _____

Name _____

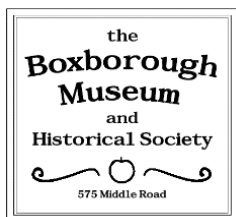
Address _____

Serving Health Information Needs of Everyone

SHINE is a free Medicare benefits counseling program available to beneficiaries of all ages and also for people who are new to Medicare due to retirement, unemployment, or disability. State certified counselors can provide impartial answers to all of your Medicare questions before you retire and well into retirement as your medical needs change. Confidential counseling is available by telephone or Zoom until in-person counseling can resume.

Regional staff and our SHINE speakers are available to provide group education to professionals and consumers. Topics include: "Medicare 101", "Using the Medicare Planfinder Tool", "The Medicare Savings Plan and Other Public Health Assistance," and "Resources to help with Pharmacy Costs". To make an appointment with your local SHINE counselor, contact the COA at 978-264-1730 or cregan@boxborough-ma.org. To schedule a community education program, contact Minuteman Senior Services at 781-221-7070.

SHINE is a service of Minuteman Senior Services funded, in part, by Administration for Community Living, the Cummings Foundation, The Acton/Boxborough United Way, and local support of individual donors.



The Museum will be open **2-4 PM** on Sundays:

- **April 11**
- **May 16**
- **June 6** (*note change*)

Masks must be worn, and capacity limits and social

distancing will be in force. For more information, or if you wish to arrange a private tour for a small group at a different time, call John Fallon at 978-264-0069.

Library News

We are pleased to report the Sargent Memorial Library is once again welcoming patrons into the building. Sign up and see scheduling procedures on the library's event calendar (<https://boxlib.org>). Masks must be worn and there is plenty of hand sanitizer available.

There are two U.S. National Park zoom presentations in April. World traveler Steve Farrar is the tour guide for the Colorado Plateau and the Rocky Mountain National Parks on **Wednesday, April 7**, and **Wednesday, April 21**. Register for these Zoom presentations at <http://bigelowlibrary.org/calendar>.

CHNA-15: FREE April Zoom Programs

These zoom programs are sponsored by CHNA-15, the Collaborative Grant in which the COAs of Acton, Boxborough, and Littleton are participating.

Beginning Monday, **April 12**, at **10 AM**, CHNA is offering a free 6-week session of the Mindfulness / Meditation Classes. Erin LoPorto will lead the classes. To participate you'll need to register at the following zoom link: https://actonma.zoom.us/webinar/register/WN_3qtOSipKSP21wlkiCZYd2Q (Please note there will be no class on **Monday, April 19**.)



April 22 is Earth Day, the day we celebrate our planet. To mark the occasion, each of the three COA's participating in the CHNA Grant plan to do something special at their Drive-Bys!

COA Van Services

COA van services are available to all Boxborough residents age 60 or older, and to adults with disabilities. Rides are available Tuesday, Wednesday, and Thursday, 9:30 AM to 3:30 PM. The van travels to surrounding towns and may be used for grocery shopping, medical appointments, the pharmacy and more. It is sanitized between trips to reduce the risk of COVID-19. Drivers and passengers must wear a mask or other face covering. To book a ride, call 978-264-1730, preferably two days in advance. Current fare is \$1 each way for local trips.

Good News from Staples

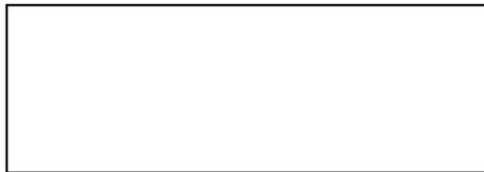
It is important to keep your **COVID-19 Vaccination Record Card** in good condition. To help you, Staples is offering to laminate your card **for free**. All you have to do is bring your card to the **Copy Center at Staples** and they will laminate it for you.

This offer is good through the end of April, and possibly may be extended. Kudos to Staples for helping us protect our cards!



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– Submit Items for May issue by April 6 –



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