



TOWN OF BOXBOROUGH
Council on Aging Meeting Minutes

COA Members Present: Barbara Birt; Tina Bhatia; Anne Canfield; Bill Litant; Maureen Masciola; & Karen Whitcomb
Others Present: Kim Dee, COA Coordinator; John Fallon, FCOA Liaison; David McKiernan, Select Board Liaison & Maria Neyland, FinCom Liaison
Absent: Marney Stoumbelis

Meeting Date: October 16, 2023

The meeting was called to order by COA Chair Anne Canfield @ 3:12 pm
Minutes of September 11, 2023

Buzz Update:

In the process of proofreading the November Buzz.

Grant Report:

January's CHNA Program will be in the December Buzz.

There is enough in the budget to supplement programs in May/June. Extra monies may have to be divided among the three towns due to the dissolution of the CHNA group.

COA Coordinators Report:

September 13th luncheon had 36 seniors in attendance. Peter Light, the Superintendent of the Acton Boxborough School District, spoke after the luncheon.

On October 11th, there were 34 present. The UCC church provided entertainment after the luncheon, and Michael Johns spoke about the Regional Dispatch System afterward.

The Out to Lunch Program is going well. We had 13 people attend the lunch at Taka Asian Cuisine in Littleton, and there are 14 signed up for the Old Mill on Wednesday, October 18th.

The new Zumba class started September 26th and has 12 participants. We have already decided to offer another session when this session ends on November 14th.

The Yoga classes started on September 28th, and both are pretty full.

The trip to the Butterfly Place was not well attended. We only had four people attend.

No one attended the Talking Library presentation at the library.

Seven people attended the Aging in Place: "Your Life, Your Options" presentation.

We had six people attend the Fall Birding with Becky. Almost 20 birds were identified.

We have a new entertainer coming on October 26th, Mossie Coughlin. He sings and plays the keyboard. He does American and Irish tunes. We have nine people signed up to date.

The Senior Tax Work-Off Program is ending on October 31st. Current participants are asked to submit their hours for this program year on or near October 31st. Anyone wishing to continue the program must submit a new application and CORI form. The other forms carry over from one year to the next. The new program begins on November 1st. All new people in the program must submit a packet of forms to participate. Participants need to make an appointment with me to verify their identification documents.

Arrangements have been made for the Acton Boxborough High School Madrigal Singers to perform for us again at the FCOA-sponsored luncheon on December 13, 2023. They will start to sing at 12:45 pm.

COA Chair Report:

Nothing to add.

COA Vice Chair Report:

The Vice-Chair will work on getting the COA Bylaws into the Spring warrant to update the COA positions. Bill would like to investigate making a booklet for Boxborough Seniors similar to one he came across for Acton Seniors.

Building Committee Report:

Continuing to keep an eye on the possibility of adding a Community Center

FCOA Chair Report:

The FCOA committee will sponsor the senior luncheon to be held on December 13th.

FinCom Liaison Report:

Town meeting is coming up.

DASH Board is being developed and will be a window into the town's finances. We are offering transparency.

Select Board Liaison Report:

Town Meeting is November 6, 2023, @ 7:00 pm.

Liberty Fields has opened.

Dave had questions regarding the SHINE Program. Kim let him know we do have a coordinator, Amy Bowness. Call Kim to make an appointment with Amy.

Other Business:

The November Buzz will have information regarding the Senior Reading Program offered at the Acton Boxborough elementary schools for grades kindergarten to grade two. Anne participated in this program and encouraged it.

When does the secretaries term end?

We are changing the start time of our meetings from 3:00 pm to 2:00 pm.

Date of next meeting: Monday, November 13, 2023 @ 2:00 pm

Adjourned: 4:22 pm