



Town of Boxborough
Council on Aging
Meeting Minutes

Meeting Date: September 11, 2023

Attendees: Tina Bhatia, Barbara Birt, Anne Canfield, Bill Litant, Maureen Masciola, Marney Stomboulis via Zoom, Kim Dee-COA Coordinator, John Fallon, FCOA President, David McKiernan, Select Board Liaison to COA, Maria Neyland, FinCom Liaison to COA

Absent: Karen Whitcomb

The meeting was called was called to order at 3:12 after some difficulty with Zoom.

The minutes of August 14, 2023 were accepted as submitted.

Chair Bill Litant had done some research in the COA By-Laws and found that there was a limit of 2 years for officers of the COA. After some discussion, Anne Canfield was elected Chair and Bill Litant as Vice Chair. Chair Canfield delegated running of this meeting to the Vice Chair.

Buzz Update: Anne gave a review of the upcoming October Buzz.

CHNA Update: Anne discussed a bit about the CHNA group which includes Acton, Littleton and Boxborough and reported that they would continue until at least January.

Coordinator's Report

- Out to Lunch has become a popular event for Boxborough Seniors. Last month 9 seniors met for lunch at Il Forno in Littleton.
- Twenty seniors attended Outrageous Commercials and Ice Cream Social sponsored by Life Care Center of Nashoba Valley.
- Heart to Home Meals brought a sample of two of their meals to the Community Center for lunch. They provided meals for 25 Boxborough residents.
- Nine residents visited the American Heritage Museum on August 24. Some took the van, others drove themselves. They had a very informative tour guide to see the huge collection of military vehicles.
- Community Services Coordinator Wendy Trinks was the special guest for Coffee and Chat with Kim. Four residents attended.
- Registration for Holly's fall Fitness classes went very well. Her in-person classes were filled and we had to rune some out of towners away.
- Registration for fall Yoga classes is going well. We have many ore people for at yoga than for chair yoga, but there is still room in both classes. The Zoom class is also almost full.
- The Zumba class only has 4 people signed up so far. We need to have 6 to run the class.
- The September lunch is this Wednesday. Only 32 have signed up.
- Game Day will be a little different in October. I am calling it *Learn to Play*. Every Tuesday will be dedicated to playing certain different games while a small group will still play the most favorite game, Mexican Train Dominoes, every week.
- I contacted Hanover Theater for a group rate for 10 seats for a Saturday performance. The tickets are \$57.80 and transportation fees will add \$40 per person. Concern is that not enough people would sign up and that the van holds only 8 people. At least 2 people would have to drive themselves.

Discussion agreed with Kim's concerns. John said that the FCOA would help with transportation. Kim would have to purchase the tickets ahead of time.

- Kim will be attending the Massachusetts Council on Aging Conference October 11 through 13, Cindy will lead the monthly lunch on Oct. 13. UCCB is providing the meal and will have several volunteers to help. Any COA volunteers will be appreciated.
- There will be a Diwali Fest at the Library on October 8. Our van driver Sandy Verger will be providing shuttle service from and to the Boxborough Regency.

Bill Litant reported that he represented the COA at the 9/11 Remembrance this morning. A Building Committee is upcoming. There will be some catching up since it has been a while since the last one.

Bill reviewed a request from the Planning Committee to provide input regarding the best desired use of Beaver Brook Park from each board and committee. He went through the form provided getting input from the Board so he could consolidate our opinions to submit from the COA to the Planning Board. The Board agreed that a Senior Center or Community Center would be a primary desired use for the COA and could include the CSC. Offices for the coordinators could be included, thus freeing up Town Hall space for new employees.

John reported that an inventory of paper good for COA lunches was done and some shopping. We are set until at least January. There are some recyclable cups that look like foam. Each one has 'recyclable' printed on it.

Maria – Not much to report. The FinCom is awaiting information on the budget situation to-date and also the status of the Reserve Funds. The FinCom cannot make any statements on the Warrants for Town Meeting without this information.

David – Mentioned the warrant for a K-9 for the police department and reported that a liquor license had been granted to the new proposed restaurant at Beaver Brook Park.

Our next meeting will be held on Monday, October 16, 2023

There being no other business, the meeting was adjourned at 4:30 PM.

Respectfully submitted,
Barbara Birt
Secretary Pro Tem

Documents: Agenda, Minutes of August 14, 2023 Meeting, The Park at Beaver Brook – Board and Committee Engagement Survey