



Town of Boxborough Council on Aging Meeting Minutes August 12, 2021

Attending: Tina Bhatia, Barbara Birt, Anne Canfield, Taryn Light, Bill Litant, Kim Dee, COA Coordinator, John Fallon-FCOA Liaison
Via Zoom: Barbara Wheeler

Absent: Karen Whitcomb

The meeting was called to order by Chair Bill Litant at 2:17 PM.

- The minutes of the June 10, 2021 meeting were approved and accepted. The Minutes of the July 8, 2021 were amended and accepted as amended.
- Kim Dee - COA Coordinator's Report
 - We have an additional van driver, Sandy Berger. She will begin as soon as her training is completed.
 - There were 42 seniors served at the July Police Department ice cream event.
 - There were 48 seniors served at the August 10 CHNA sponsored ice cream event.
 - The yoga hybrid course is popular. There are 13 members of which 8 are from Boxborough and 2-3 attend person. The mat yoga course has 11 members, of which 4 attend in person.
 - Fitness with Holly is in person Mondays and Wednesdays, via Zoom on Tuesdays and Fridays. The Level 1 and Level 2 classes have been combined. Friday is the most popular day. The Tuesday Zoom class is also popular. There are 27 members of which only 4 are from other towns. Registrations are coming in for the next session. So far there have been only 2 inquiries and no registrations for the Line Dancing class. The photography class has 6 members. Game Day had only 3 attendees. Hopefully that will increase, as some former members are way on vacation at this time.
 - Jumpin' Juba program has 15 people signed up.
 - The FCOA September luncheon has 55 registrations. There followed a discussion about what to do if the COVID mandates change.
- Anne Canfield reported on the Buzz status. The October Traffic sheet has been finalized. The next Buzz meeting will be at 10 AM on September 2. The Traffic Sheet will be distributed shortly.
- CHNA Grant – Anne Canfield
 - The former Littleton COA Director has returned to fill that recently vacated slot.
 - Discussing a program with Marion Ryan, State District Attorney, with an October date. Possible subject: Substance Abuse by Seniors.
 - Looking at author events – Steven Puleo - The Dark Tide (The 1919 Boston Molasses Floods); plus, another to be determined.
 - Reaching out to Indian Hill regarding the Bach's Lunch program
- Bill Litant Report
 - No updates from the Building Committee. If a tour of the area is scheduled, he will notify the COA Board
 - Attended the India Flag raising event
 - There will be a Zoom meeting on the Rescue Plan Act on August 18,

- He looked into the associate members situation. If we wish to attract some, we can put this in the Buzz or on Facebook.
- A man from Acton Pharmacy is available to be a speaker.
- Other Business
 - John announced that Fifer's Day has been cancelled. He also has made a run to BJ's for supplies for the luncheon based on a list compiled by Kim, Cindy and himself. The bottled water supply at the Community Center is being worked.
 - Taryn mentioned a scam email which had been sent from Frank Sibley's account.
- The next COA Meeting will be held at the Community Center on September 16, 2021 at 2 PM.
- The meeting was adjourned at ??? PM.

Respectfully submitted,
Barbara Birt
Secretary ProTem