



## TOWN OF BOXBOROUGH

### Council on Aging Meeting Minutes

Attendance: Tina Bhatia; Barbara Birt; Anne Canfield; Bill Litant; Karen Whitcomb; Kim Dee, COA Coordinator; Maria Neyland, FinCom Liaison & Interim Police Chief James DiGianvittorio (DiGi), Guest

Meeting Date: August 11, 2022

Called to order by Chair Bill Litant @ 2:02

Minutes of July 14th unanimously approved.

Interim Police Chief DiGi was introduced. He told us a little bit about himself. Retired from Middleton, MA in 2020. Took an Interim position in March of 2021 in Maine. After completing that post he was recruited here. He also runs a catering business that was spotlighted on Chronicle. He states he works well with seniors and would like to do cooking presentations for the seniors. He also plans on having a liaison from the department assigned to the COA to attend meetings.

#### Buzz update

- The August/September issue has gone out. The next Buzz will be in October.
- Add Senior Trailblazers to Octobers Buzz.

#### Grant report

- The current news is in August/September Buzz
- Meditation classes are again being offered through the grant.
- In October chair yoga classes will be offered free of charge.
- Aging in Place is being offered by CHNA.
- Safety tips for seniors via zoom.

#### Report from COA Coordinator

- Registration has already opened for the September luncheon. So far 41 people have signed up. This luncheon is in person.
- The Traveling Players will be performing after the luncheon and we have 25 signed up.
- World of Dolls will be at the end of September. So far we only have 2 registered. Barbara Birt spoke up and asked to have her name added to the list.
- Monday movies for adults are being offered at the library. No takers so far. Will continue through the end of September and then reevaluate.
- Vibalogics is our sponsor for the October luncheon. We are hopeful this luncheon will be in person.
- Coffee with a Cop was successful. Interim Cheif Digi will plan on hosting more of these.
- On October 19th @ 1:30 we will have "Workingman's Duo" performy at the Community Center. This is a musical performance.
- On November 16th @ 2:00 we will have P&S Mark West performing classical jazz & pop music.
- December's luncheon is sponsored by the FCOA. We will check to see if the Madrigal Singers are available to perform.
- Possibly have the children from the Boxborough School perform for the seniors. Will reach out to the PTF.
- On November 3rd at 1:00 there will be a Medicare Presentation.
- A decision has been made, and an offer has been accepted for the Community Service Coordinator. Wendy Abetz starts on the 22nd of August.

#### Report from COA Chair

- Bill spoke about the difficulty of finding back issues of the Buzz on the town's website.

- MIT is having an automotive study (on Facebook) to see how older adults work with new technology.
- Charlie cards have been arriving.

#### Report from FinCom Liaison

- Maria reports that Farm Share is very complicated and a lot of work. Not user-friendly.
- Regarding FinCom, budget issues have come up. Some departments have already overspent. Looking to have a special town meeting for more money.
- Possible zoning changes are needed to curb development by route 495.
- The Fincom meeting is this coming Tuesday night. Online/hybrid meeting talking about budgets.
- Steele Farm needs a new roof.
- Union contracts have not been finalized.

#### Other Business

- The Community Service discussion group will be meeting. Anne will be representing the COA. The first meeting is on Tuesday to determine who is part of Community Service.
- Tina mentioned a service seniors might be interested in accessing. It is the website [EdX.org](http://EdX.org) that offers lifelong learning for free.

Date of next meeting: Wednesday, September 21st @ 10:00 am

Meeting adjourned: 4:30