



TOWN OF BOXBOROUGH
Council on Aging Meeting Minutes

Attendance: Barbara Birt; Anne Canfield; Bill Litant; Karen Whitcomb; Kim Dee, COA Coordinator; John Fallon, FCOA Liaison & Joan Blaustein, Guest

Absent: Tina Bhatia

Meeting Date: July 14, 2022

Called to order by Chair Bill Litant @ 2:05 pm

COA minutes unanimously approved

We want to thank Taryn Light and Barbara Wheeler for their years of service. At this time, they have both decided to no longer serve on the COA Board.

Buzz update

- Working on the August/September issue of the Buzz.
- Harvest Fair and the Free Bee Market will be combined this September.
- The Interim Police Chief and Kim are working on a Public Safety article.
- Fall exercise classes will be posted including yoga, fitness & Tai Chi.
- An article explaining CHNA 15 Grant will be added.
- There should also be room for an article on the September primary election.
- The October Buzz may have information on Smoke Detectors.

Grant report

- The Yoga of Mind-fullness will be offered by Erin LaPorto starting Monday, September 19th - November 14th at 10:00 am.

Report from COA Coordinator

- Great turnout for Ice Cream Truck sponsored by Arranta Bio. 47 people turned out for this event.
- The Vintage Car slide show was very informative and engaging. Sadly, there were only 6 people in attendance. The root beer sodas were a refreshing treat.
- Michele Litant mentioned "World of Dolls" exhibit s event has been scheduled for September 28th.
- There will be entertainment following the September 14th luncheon. The Concord Traveling Players will perform starting at 1:30 pm. Sign up for both events will be separate. People who attend the luncheon are welcome to stay.
- Tai Chi will be a 12-week course this fall.
- The Wellness Clinic will be on the 3rd Wednesday of the month from 11-12 noon. This event has not been well attended.
- The Podiatry Clinic has been cancelled. The podiatrist is no longer doing outreach clinics and she is too busy in her regular practice. There has been no success in finding a replacement.
- I spoke to Littleton Elder and Human Services, because Maria Neyland asked me to check into it, and they used the Community Share program with Spring Dell Farm in Littleton for a while, for residents that they

identify in having a need. Their staff picked up and distributed the food and their Friends group totally funded it. They no longer offer the program as it became too complicated and consuming.

- The South Bridge Boat House in Concord no longer does the lunch river cruise but the woman who has previously provided this service said she would take 14 people for an hour cruise for \$300. Seems rather high and due to weather concerns, we may pass on this offer.

Report from COA Chair

- Charlie Card was a success. Thank you, Bill.
- Thank you to Kim for being present at Fifers Day event and greeting patrons and passing out COA flyers.
- Bill mentioned he had a nice chat with our new interim Police Chief James DiGianvittorio (DiGi).
- Bill will check on the committee for the Community Service Coordinator interviews.
- Bill asked if anyone is interested in serving on the committee that will evaluate the relocation of the Council on Aging office and program space and possibly other Community Service offices due to the Community Center lease being up in June of 2023. Anne volunteered to be on this committee for us.

Report from FCOA

- The Friends have once again agreed to host three COA Luncheons. September (lasagna), December (chicken), and June (ham).
- Interviewing will begin soon for the Town Administration position. The goal is to identify the Town Administrator finalists by Labor Day. The candidates will be interviewed by the Select Board.
- The Community Service Coordinator position has been advertised again

Other Business

- No further business was mentioned.

Date of next meeting: Thursday, August 11th @ 2:00 pm

Adjourned: 3:14 pm

Respectfully submitted:

Karen Whitcomb, COA Secretary