



TOWN OF BOXBOROUGH
Council on Aging Meeting Minutes

COA Members Present: Barbara Birt; Tina Bhatia; Anne Canfield; Bill Litant; Maureen Masciola; & Karen Whitcomb
Others Present: Kim Dee, COA Coordinator & John Fallon, FCOA Liaison
Absent: COA Member Marney Stoumbelis

Meeting Date: July 10, 2023

The meeting was called to order by COA Chair Bill Litant @ 3:05 pm

Minutes of June 12, 2023, approved as written.

Buzz Update:

- The August Buzz writers need to submit their articles to the editor by today. Barbara has some edits, but they are ahead of schedule and in good shape.

Grant Report:

- No July meeting.
- The next meeting is in August.
- Planning an ice cream social in September sponsored by CHNA.

COA Coordinators Report:

- We had 45 seniors attend the June Luncheon sponsored by the Friends of the Boxborough Council on Aging.
- Ten people enjoyed lunch at the Club Car Café in West Concord on June 22.
- Three seniors attended the Coffee & Chat with Kim and Alec.
- The CHNA programs had 11 Boxborough residents get ice cream at Kimball's, and seven residents take part in the Nara Park Stroll and Coffee.
- The music of the Civil Rights Movement at the Library attracted eight seniors.
- Eighteen seniors attended the Elder Law Education program by Attorney Justin McCarthy on June 26.
- The Composting Workshop at the Library had six people attend.
- The Indian Vegetarian Lunch and Meditation with the UCC Church on June 20 was hosted by the Friends of Indian Senior Citizens Organization, also known as FISCO. We had 14 people attend, but they brought many people, so it was a full house, and seemed to go well.
- We had 14 people go to the Charles River Museum on June 28.
- We are not offering a lunch this month but doing a Grab & Go Ice Cream Truck. The former owners of Boxborough Liquor and Convenience are sponsoring it. We have 45 people signed up.
- Instead of a music program, we are having a baseball program on July 20 called "What Was Johnny Pesky Like?" We have 11 people signed up for that.
- We will have our wellness clinic on the same day as the Ice Cream Truck on July 12 from 11 am - 12 pm. There will not be a wellness clinic in August.
- Our podiatry clinic has been well attended and happens about every six weeks. It serves 13-15 residents per clinic.
- We hope to continue to do "Out to Lunch" programs and van trips every month as they have been popular. We are also trying to do at least one cultural or entertainment program each month.
- We are adding a Zumba class this fall. Gina has her studio in Boxborough and is happy to lead a group for us at the Community Center. Look for sign-up in September, Buzz.
- In August, we are going "Out to Lunch" at Il Forno's in Littleton; we have an ice cream social and Outrageous Ads sponsored by LifeCare Center of Nashoba Valley and a sample of home-delivered meal service sponsored by Heart to Home Meals.

COA Chair Report:

- Bill reported that not much has been happening with the Building Committee.
- Re-opening Fire Chief hiring due to lack of candidates. Only three initially, and then one dropped out. They are trying to get a larger pool to choose from.

FCOA Chair Report:

- Friends do not need to sponsor the September Luncheon because Rivercourt Residences will host it.
- John reported that Fifers Day is on September 2nd. This event will still be at Flerra Fieldbut everything is in flux now.
- John also reported a tentative Town Meeting on November 6th.

FinCom Liaison Report:

- Not present

Discussion: Thoughts about a Boxborough Senior Center

- Can we continue looking into having our own Senior Center? We feel the seniors want and need a Senior Center for the community.
- We recognize Reverend Cindy will leave the UCC Church at the end of September. A motion was made and seconded to have the COA Chair draft a letter thanking Reverend Cindy for her tireless work for our community's seniors.

Other Business:

- No other Business.

Date of next meeting: Monday, August 14th @ 3:00 pm

Adjourned: 3:55 pm