

**Town of Boxborough
Council on Aging
Meeting Minutes**

Meeting Date: June 10, 2021

Meeting Called to Order: 2:02

In Attendance: Barbara Birt, Anne Canfield, Taryn Light, Bill Litant, Barbara Wheeler, Karen Whitcomb, Kim Dee-COA Coordinator, John Fallon-FCOA

Absent: Tina Bhatia, Cindy, Regan, Courtney Panaro-BFD, Tyler Forbes-BPD

Minutes

1. Meeting called to Order by Bill Litant at 2:02 p.m.
2. May 21st meeting minutes unanimously approved.
3. Discussion took place on Liberty Field upgrades specifically referring to the senior population. Much discussion was had regarding the field upgrades. The board has agreed to not take a position on the upgrades at this time.
4. Barbara Birt reported the August Buzz is almost complete. June/July has been completed, mailed & delivered. Next Buzz meeting will be July 8th @ 10:00 a.m. in Town Hall.
5. Kim reported the FCOA "Grab 'n Go" luncheon June 9th was a success. Yoga is currently holding in person and zoom classes. Would like to see more use at the Community Center. Starting in September more classes will be offered at the Community Center. June 23rd. the Community Center will host Donna L. Harper speaking on "Remembering Boston Radio."
6. Anne spoke about the CHNA grant. The June 2nd meeting on Mindfulness was a success. Many other options are being discussed as possible programs; Grieving and Moving On, Memory Cafe, Dementia Friendly Communities, Foundation for Arts and Healing, Substance Abuse, Music Programs, Drumlin Farm workshops. Consultant may be available for the senior survey - grant funded through CHNA also possibly having book recommendations for seniors. This would have to go through Peishan first.
7. Bill reported the last Building Meeting regarding Public Safety Building had to be canceled.
8. John Fallon reported the next luncheon they will be sponsoring will be held at the Community Center (in person) on Wednesday, September 8th!
9. The Boxborough Police Department is hosting an Ice Cream Social on Wednesday, July 14th from 1-2 p.m.
10. August 11th the CHANA group is having an ice cream truck travel to the 3 towns (Boxborough, Acton & Littleton) passing out ice cream.
11. Next COA Meeting will be held at the Community Center on July 8th @ 2 p.m.
12. Meeting adjourned at 2:58 p.m.