

Well-Being Committee  
Meeting Minutes  
May 4 2021

Members Present: Pam Follett, Liz Markiewicz, Al Murphy, Channing Wagg, Mary Pavlik, Rose Gage (Community Support Coordinator)

Others present: Karen Argento, Becky Neville, Gail Kessler-Walsh, Cindy Worthington-Berry

Meeting was held via Zoom due to ongoing COVID emergency. The meeting was called to order via roll call vote: Channing Wagg, aye, Mary Pavlik, aye; Al Murphy, aye; Liz Markiewicz, aye, Pam Follett, aye

1. Minutes from April 2021 were approved by roll call vote: Channing Wagg, aye, Mary Pavlik, aye; Al Murphy, aye; Liz Markiewicz, aye, Pam Follett, aye
2. Review and approve motion on Article 14  
Discussion of the motion centered on the task list created by Rose and the need for this level of support for the Community Support office. Rose will create a slide using the template shared by Cheryl Mahoney. The motion is designated to be made by Mary Pavlik, who will also introduce Rose to the town meeting audience.
3. Boxborough Bee Update  
Rose and Mary explained the vision for the June 2021 issue, with a focus on community actions that happened during covid, upcoming events, and especially resources that town residents may need, including the BRAF application, food security resources.
4. Correspondence-Stow Road. The letter was read, and has been circulated to the Public Safety building group. Al is a member of the Building Committee and they are aware of this issue.
5. Correspondence-Diversity, Equity and Inclusion: Liz will ask if there is a member of this group that would like to be a liaison with Well-Being. Mary said she will reach out to attend any DEI meetings as Well-Being liaison.
6. Other Business:  
Liz, Cindy and Mary updated the group on the successful free food market and goods give away event that was held May 1 as a potential pilot for the future. This event was for fire relief residents and volunteers only this time, and was successful in helping to furnish new homes with donated goods and provide free food for residents. The Free Bee market is a concept for sharing food, gleaned from Roche Brothers with a future goal of extending

to the wider community with a mission of providing food for those who need it on the weekend, creating community and reducing stigma for accepting help.

Channing reminded the group of the AB Cares gun buyback program on May 15

He brought forward a goal of a renewed focus for wellbeing on mental health issues. Rev Cindy agreed and said there were long waiting lists and not enough practitioners for services.

Pam Follett is leaving the Board of Health and Well Being and the committee thanked her for her years of service and is truly grateful for all the work she has done on behalf of town residents.

Meeting was adjourned via roll call vote:

Pam Follet, aye, Channing Wagg, aye, Mary Pavlik, aye; Al Murphy, aye; Liz Markiewicz, aye.

Respectfully submitted,

Mary Pavlik

NEXT MEETING: June 1<sup>st</sup>, Tuesday, 8:15am

Exhibits: Stow Road and DEI emails