

Well-Being Committee
Meeting Minutes
April 14, 2022

Members Present: Liz Markiewicz, Al Murphy, Mary Pavlik, Cassie LaRussa, Ann Seymour

Others present: Wendy Abetz (admin), , Anne McNeece, Becky Neville (Finance), Sheila Bauer (Personnel Board), Diana Lipari (Select Board)

Meeting was held on Zoom. The meeting was called to order via roll call vote: Mary Pavlik, aye; Al Murphy, aye; Liz Markiewicz, aye, Cassie LaRussa aye, Ann Seymour aye

Minutes 3.17.20 approved: Mary Pavlik, aye; Al Murphy, aye; Liz Markiewicz, aye, Cassie LaRussa aye, Ann Seymour aye

1. CSC position
 - a. Update on offer rejected and logistics of hiring
 - b. Sheila provided detailed information about personnel plan, steps, grades and the hiring process
 - c. Job description draft will be overseen by Al. Committee members will read, comment and send input to Al.
 - d. Additional money is available to increase Admin. Assistant hours if desired. Wendy will take time to decide if she wants the increased hours
2. UWAB update
 - a. Liz attended zoom meeting and shared the three point strategy focus on reducing mental health stigma offered by AB United Way
 - b. Well-Being will support through promoting events and survey
3. Boxborough Bee
 - a. Liz shared positive community feedback
 - b. Cassie updated on upcoming issue, coming out June 3
 - c. Wendy and Cassie, Mary will edit the issue and ask committee members to share any local summer events or plans
4. Fifer's Day
 - a. Wendy will sign Well-Being committee up for a Fifer's day tent
 - b. Next meeting logistics of manning and content will be discussed
5. Managing Dysfunctional Behavior
 - a. Free seminar offered by Nancy Settle to Town volunteers and Board members will be offered in the fall

Meeting adjourned: Mary Pavlik, aye; Al Murphy, aye; Liz Markiewicz, aye, Cassie LaRussa aye,
Ann Seymour aye

Next meeting: May 19, 2022@ 8am on Zoom