

**Town of Boxborough**  
Council on Aging  
Meeting Minutes

Meeting Date: April 8, 2021

Meeting Called to Order: 2:03 p.m.

In Attendance: Taryn Light, Anne Canfield, Bill Litant, Karen Whitcomb, Barbara Birt, John Fallen - Friend of COA, Kim Dee - COA Coordinator

Not in Attendance: Barbara Wheeler, Tina Bhati

1. Minutes of March meeting unanimously approved.

2. Barbara reported May Buzz is being worked on.

New round of exercise classes will be highlighted.

May election will be mentioned along with the upcoming town meeting in June.

Summer issues will be combined: June/July & August/September

3. Select Board requested, and we responded with a change to the letter requesting coordinator hours be increased. The following is the new wording:

At its April 8 meeting, the Boxborough Council on Aging Board voted to revise its letter of this past January to the Select Board requesting that the COA coordinator hours be expanded. This revision (attached) recommends an increase from the current 25 hours per week, to 32 hours per week, and aligns the Board's position with that taken by the Select Board.

4. Anne reported on the CHNA Grant meeting. Many activities are being planned. Some ideas are, backyard bird & owl walks, trailblazer walks, joys of nature, Spring gardening, outside eating/food trucks/ ice cream.

Arboretum is offering a walk on May 17th and NARA park offers group walks.

5. Kim reports Nashoba Nursing have completed giving vaccines. They are now being called "vaccine angels." At this point most seniors have received their shots. Van rides have been on the increase. Our "grab and go" lunch will be combined with Earth Day". The Minutemen will be providing the lunches (prepared by Legends) and plants will be passed out. Community gardens will once again be available. May 8th is a Bird outing. Potential walking

group to form. A Zoom presentation from a professor of Lesley College: "Remembering Boston Radio." Possibility of emailing Buzz to seniors?

6. Bill reports the Building Committee is still focused on the Police/Fire Department building as a high priority.

7. John Fallon mentioned the FCOA next meeting is April 21st @ 10:15 a.m.

8. Is it time to do another survey with seniors? The last one was done in 2014. Look into the charges from the church for the Community Center. We have been unable to use. Any chance we can get a break in cost? Maybe seniors can have use of the Grange Room?

9. Next meeting: May 13, 2021 @ 2 p.m.

10. Meeting adjourned @ 3:34 p.m.

Respectfully submitted

Karen Whitcomb

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