



TOWN OF BOXBOROUGH
Council on Aging Meeting Minutes

COA Members Present: Barbara Birt; Anne Canfield; Bill Litant; Maureen Masciola; Marney Stoumbelis & Karen Whitcomb

Others Present: Kim Dee, COA Coordinator; John Fallon, FCOA Liaison & Maria Neyland, FinCom Liaison

Members Absent: Tina Bhatia, COA Member

Meeting Date: March 13, 2023

The meeting was called to order by COA Chair Bill Litant @ 3:02 pm

The minutes of February 13, 2023, approved with one correction.

Buzz Update:

- The style sheet updated by Kim has proved to be very helpful. Additional changes are in the works.
- April Buzz is being worked on now.
- The next senior luncheon will be provided by the Boxborough Minutemen on Wednesday, April 12, 2023.
- A second luncheon will be sponsored by the Littleton Electric Light and Water Department at Littleton High School.
- The Great American Music Experience: Sixties Songwriters in April.
- Greater Worcester Opera will be coming to Boxborough in April.
- Isabel Stewart Gardner Museum trip taking place in April.
- The Garden Club plant sale will be in the April Buzz since it's an early May event.
- Community Gardens will be mentioned.
- The library's book sale will be mentioned.
- ATM in May "save the date".
- Songs from WWII early May.

Grant Report:

- Nothing to report.

COA Coordinators Report:

- Our March luncheon was sponsored by the Acton Boxborough Rotary Club and consisted of stuffed chicken breast with gravy, roasted red bliss potatoes, maple glazed carrots, rolls, and St. Patrick's Day decorated cookies for dessert. A special thanks to Maureen Masciola for arranging this delicious meal.
- Residents that visited the Podiatry Clinic were very happy with the services of the new podiatrist, Alissa Kuizinas. Nine people had appointments this month.
- A very big response to Dr. Knight's Self-Relaxation program for this Wednesday, March 15 at 1 pm; 27 people have signed up to participate.
- We only have eight people signed up for the presentation, "A Cultural and Historical Reflection of the 1960s Through the Music of the Beatles". Sign-up was not required so hopefully more people will attend this event that is being held at the library.

- We had our first “Coffee & Chat with Kim” and “Out to Breakfast” in February. We are offering them again this month. Michael Johns is our special guest on March 22nd at the Coffee & Chat with Kim. The Out to Breakfast location is the Stephen Anthony Restaurant on March 20th. In April Rajon Hudson, Assistant Town Administrator, will be the special guest for Coffee & Chat with Kim. Out to breakfast will be at the As Good As It Gets Cafe in Acton. Van service will be provided.
- A trip is planned to the Concord Museum on March 30th and another trip to the Isabella Stewart Gardner Museum on April 27th. We will be offering transportation by our MART to the Concord Museum and by a transportation service to the Isabella Stewart Gardner Museum. The transportation service is quite expensive and the Friends of the Council on Aging will generously be taking care of the cost for our seniors. We have 11 seniors signed up for each trip at this time.
- We found out last month that Norman Gariepy, owner of the printing service that we use for the Buzz newsletter has sold Minuteman Press. Unfortunately, he was the one who delivered it to us. Kim had to go to Milford to pick up our newsletter last month and several errors were made that could possibly be credited to the timing of things and the transition to the new owner. They will no longer be able to provide delivery services, so Kim has been researching other printers and getting estimates for printing the newsletter. Kim has recommendations from our Town Clerk, Becky Harris and she also did a google search. So far Kim has heard from five different printers.

COA Chair Report:

- IT help will be available to seniors. Will put out a call for volunteers and place an article in the Buzz. Logistics will need to be discussed.
- Elder law advisory is another area we will look into.

FCOA Chair Report:

- The annual FCOA meeting will be on April 26, 2023.
- Springfest at Steele Farm will include a 5k run to benefit the Blanchard School playground.
- Senior luncheon on June 14, 2023.

FinCom Liaison Report:

- Had a final meeting for a budget of 4.8%.

Other Business:

- There are people working on creating a Boxborough newspaper, in conjunction with Action Unlimited.

Date of next meeting: **Monday, April 10th @ 3:00 pm**

Adjourned: 4:03 pm