



**TOWN OF BOXBOROUGH**  
Council on Aging Meeting Minutes

Members Present: Barbara Birt; Anne Canfield; Bill Litant; Maureen Masciola; Marney Stoumbelis & Karen Whitcomb  
Others Present: Kim Dee, COA Coordinator; John Fallon, FCOA Liaison; Maria Neyland, FinCom Liaison  
Absent: Tina Bhatia

Meeting Date: January 9, 2023

The meeting was called to order by COA Chair Bill Litant @ 3:05 pm

Minutes of December 12, 2022, approved as written

Buzz Update:

- The February Buzz looks like it will be eight pages long.
- Our two new COA Board members, Marney Stoumbelis and Maureen Masciola will be highlighted in this issue.

Grant Report:

- There is nothing to report on the grant at this time.

Report from COA Coordinator:

- The Friends of the Council on Aging sponsored December's luncheon. They served a delicious ham dinner. The Madrigal Singers from the Acton Boxborough Regional High School serenaded us during dessert. We had 52 seniors attend this festive event.
- Our Wellness Clinic will now be offered on the second Wednesday of the month from 11 a.m. - noon at the Community Center just before the senior luncheon. Our new Public Health Nurse, Alicia Lopardo, will introduce herself and explain the Wellness Clinic at the beginning of this month's lunch. We hope the new time will get more people interested in taking advantage of the free Nashoba Associated Boards of Health Blood Pressure and Wellness Clinic.
- Argento Electric is our sponsor for this month's luncheon. They will be serving chicken parmigiana provided by IL Fornos Restaurant in Littleton. Also, Kim has invited local author Francie Nolde to speak about the book she wrote about her mother, a pioneer woman aviator during WWII and the Cold War following the luncheon. At this time, we have 45 seniors signed up for lunch, and 15 signed up for the talk about She Looked to the Sky.
- We had our first van trip since the start of COVID to the New England Botanical Garden at Tower Hill's Night Lights display. Eight seniors rode the van to Boylston to view the incredible light displays both inside and outside. It was a great event, and we hope to return next year with a possible second night added or a larger van to accommodate more seniors. The FCOA generously sponsored the admission price for the van driver and COA leader and a portion of the admission price for each senior.
- We were able to reserve two tables of six for this month's Bach Lunch Concert at Groton Hill Music Center and have filled all the seats. We will provide transportation for three residents and currently have a waitlist of three additional people who would like to attend. We will be providing van transportation for the Bach's Lunch again in February; however, due to the need to use the van for medical appointments and other MART transportation requests, we will discontinue the van transportation but will continue to make reservations for two tables at the event.

- Kim will start the Coffee and Chat with Kim program on February 22nd at 10:30 a.m. in the Community Center. There will be some preplanned topics of conversations but will be more than happy to have informal chats with anyone who attends. Special guests will occasionally be invited to join the group.
- Cindy has planned a COA trip to the Concord Museum on Thursday, March 30th, @ 1 p.m. We plan on offering our van transportation for this event. We hope to be able to offer one trip a month, preferably on Monday, so that we won't interfere with the van's regular trips. We will alternate a breakfast or lunch out monthly with a local destination of interest. The FCOA has provided Kim with a list of suggestions. Please inform Kim if you hear of anything or anywhere you think would be a good, reasonably local trip for seniors.
- Michael Johns and Kim met with Reverend Cindy Worthington-Berry and two moderators from the UCC church and discussed getting a one-year lease for the Community Center with an option for a second year. We also discussed modifying the current space to make it more like a senior center. There will be a slight increase in the rent due to electricity and gas increases.

#### Report from COA Chair:

- Bill has heard positive comments from people regarding the senior discounts that were listed in the last Buzz issue.
- A warm welcome to our two new board members.

#### Report for FCOA Chair:

- The December luncheon was festive. It was great to hear the Madrigal Singers once again.
- The Recreational Committee is planning a Spring Fest in March on either the 12th or the 19th. Planning is in the works.
- There will be no Winterfest this year at Steele Farm.
- Enclave, the new development located on Stow Road, has many seniors already living there; it would be a good idea to be sure they all fill out their census. This will guarantee they have access to the Buzz mailings. Enclave has a Social Committee, and they might be the ones to inform residents so everyone fills out this census on time.

#### Report from FinCom Liaison:

- Budget planning is in the works. FinCom has been working on getting the budget as low as possible. At the moment, it is at 6%. FinCom is working on getting it lower. Some things we don't have control over, such as the school's budget, which is 5.7%.
- COA has a \$900.00 increase due to the rise in the number of people attending events.

#### Other Business:

- COA annual report is complete thanks to Kim and Bill.
- We welcome Marney Stoumbelis and Maureen Masciola to our COA family. Their bios will be printed in the upcoming February's Buzz publication.

Date of Next Meeting: Monday, February 13, 2023, @ 3:00 pm

Adjourned: 3:45 pm